

LogMyMotion

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Motivation

- Exercise can be daunting for those new to working out
 - Uncertainty
 - Risk of Injury
- Personal trainers are not always convenient
- Lack of real-time feedback during solo workouts

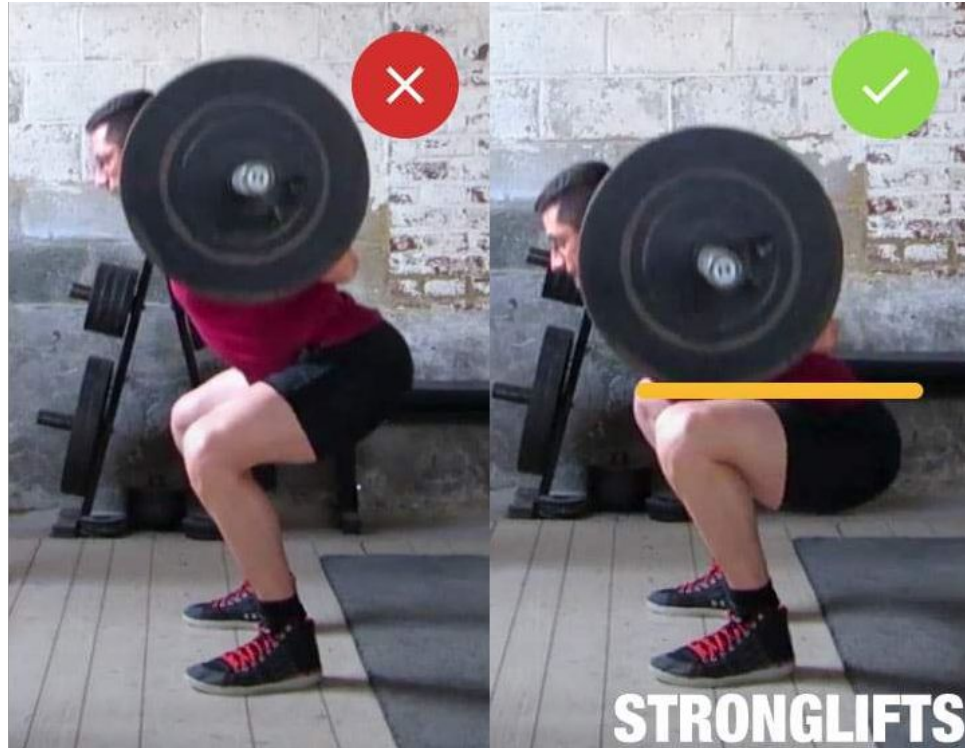


Our Solution

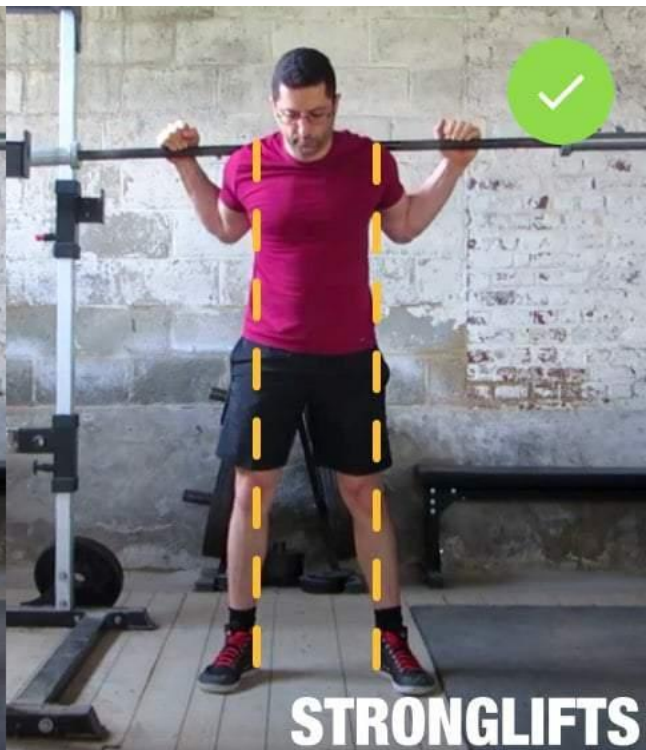
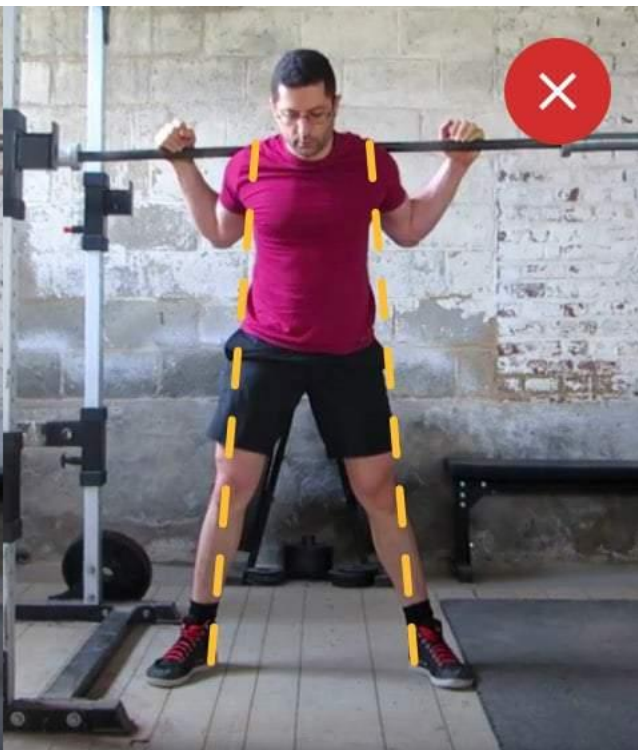
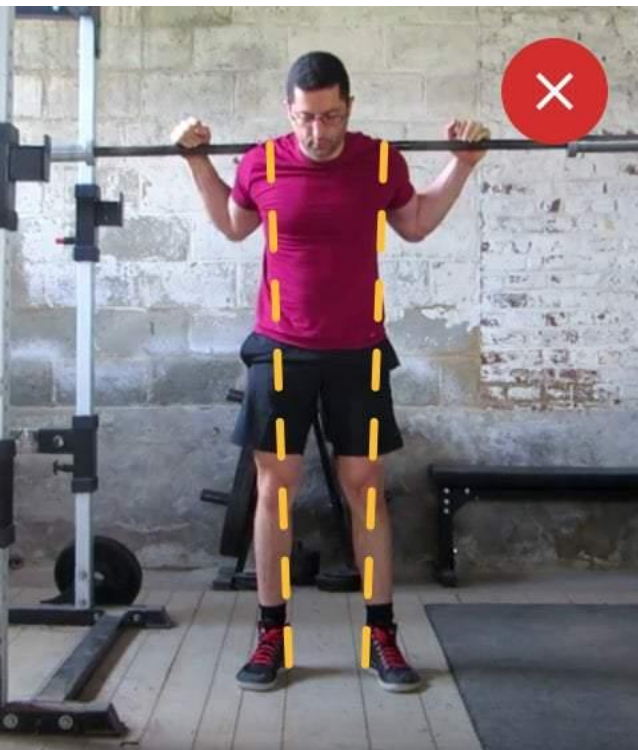
- Machine learning to analyze exercise form
- Provide real-time feedback and long-term analytics



Squat Depth



Feet Width



Shoulder Alignment



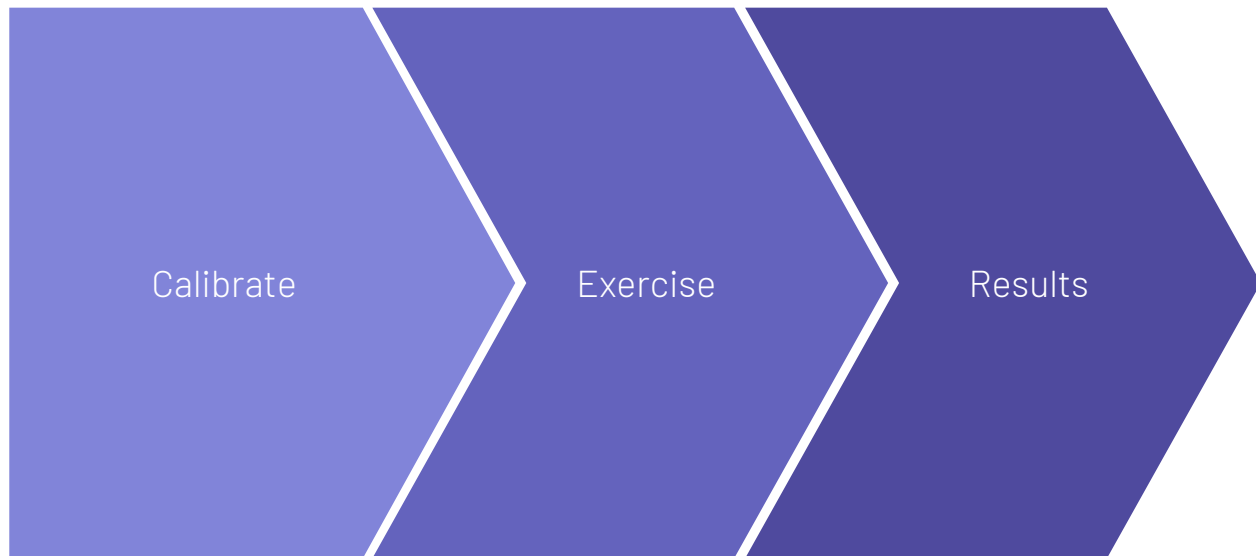
STRONGLIFTS

Knee Angle



STRONGLIFTS

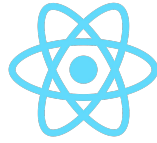
Analyzer Overview



Technologies



PoseNet



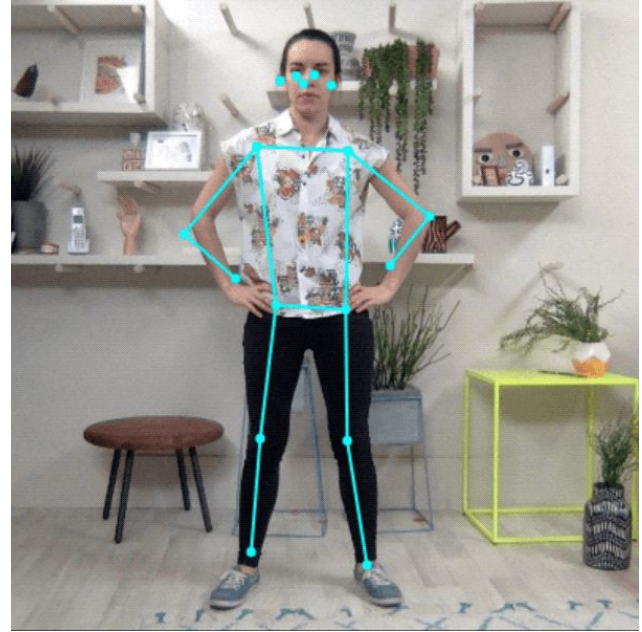
ReactJS



Firebase

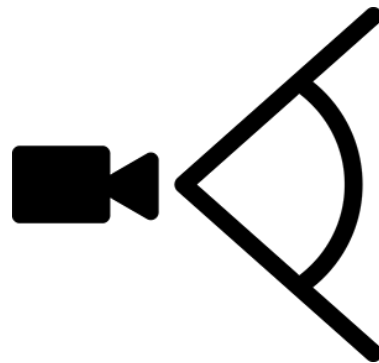
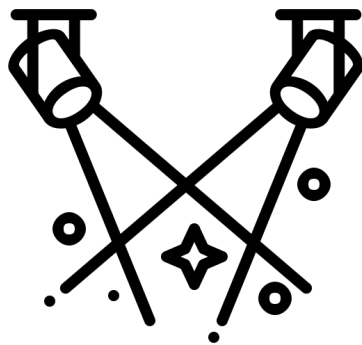


Google Cloud
Text-to-Speech



Challenges

- Sensitivity to lighting and background setting
- Angle limitations to detect joints / keypoints on the body



Future Implementations

- Implement more exercises
- Improve audio feedback
- More analytics for the user
- Mobile Application



Questions?