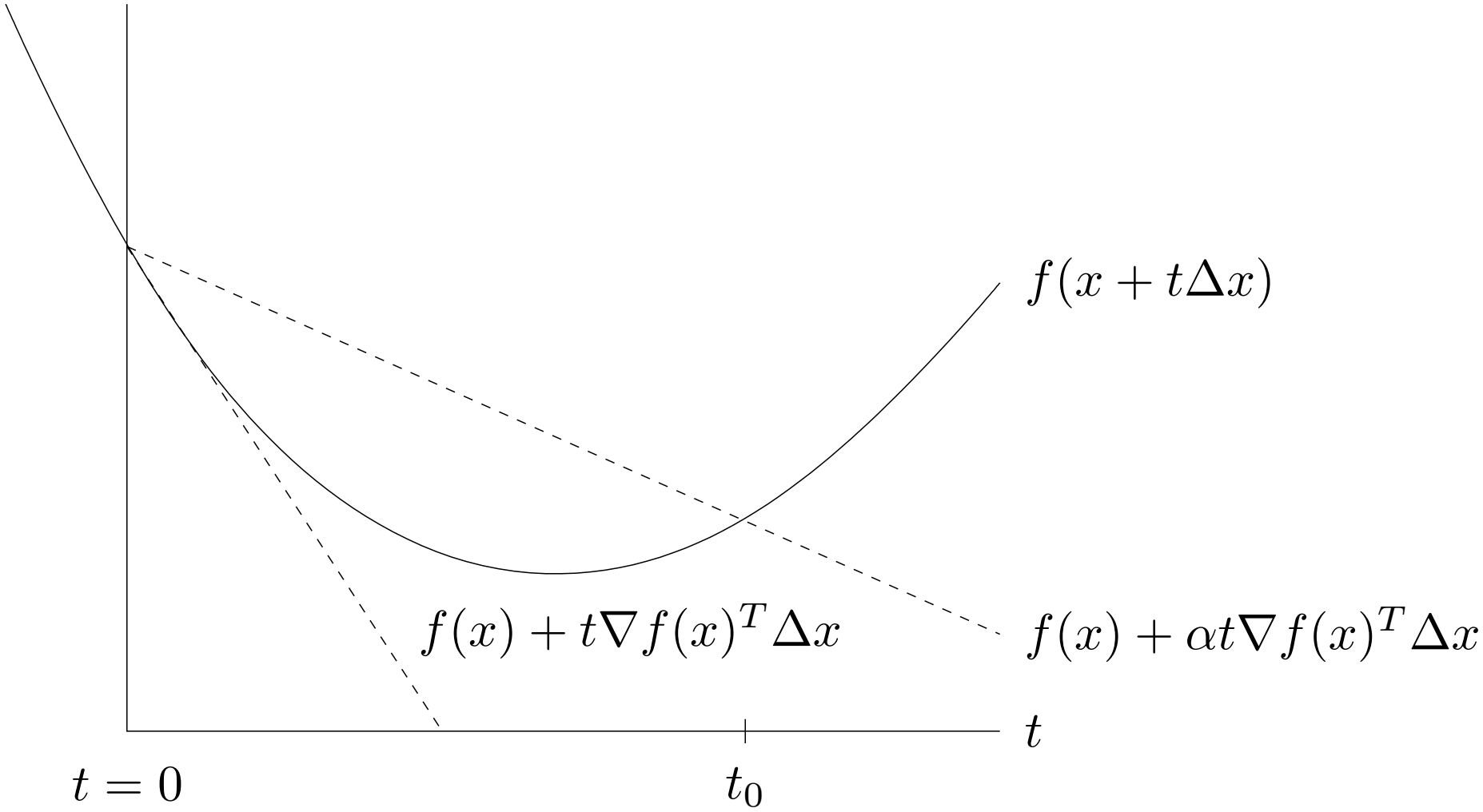

For us $\Delta x = -\nabla f(x)$